






# MISSION MONTESSORI

## Lunch MENU November 2021



<b>1 Monday</b> Apple Chicken Sausage w/ Rice Seasoned Green Peas Sliced Oranges *Sliced Apples & String Cheese	<b>2 Tuesday</b> Meat Lasagna Dinner Roll Apple Slices *Raspberries & Animal Crackers	<b>3 Wednesday</b> Baked Fish Sticks w/ Ketchup Steamed Broccoli Applesauce *Fig Bars	<b>4 Thursday</b> Cheese Quesadilla Bites Organic Corn Chip w/ Guacamole Raspberries (V) *Banana & Cheerios	<b>5 Friday</b> <b>Bento Box Friday</b> Ham, Cheddar Slices, Baked Crackers Carrot's w/ Ranch Dressing Fresh Fruit *Sliced Oranges & Goldfish Crackers
<b>8 Monday</b> Ham & Cheddar Cheese Sliders Sweet Potatoes Fries Kiwi Slices *Clementine & Pirate Booty	<b>9 Tuesday</b> Baked Tilapia over Rice Sautéed Green Beans Seedless Grapes *Strawberries & Animal Crackers	<b>10 Wednesday</b> Spaghetti & Meatballs Mixed Vegetables Sliced Pears *Sliced Apples & Dried Craisins	<b>11 Thursday</b> No School Veterans Day 	<b>12 Friday</b> <b>Finger Food Friday</b> Deli Turkey, Spinach, & Cheese Wrap Veggie Sticks Fruit Salad *Fresh Berries & String Cheese
<b>15 Monday</b> Tortellini Pasta w/ Marinara Golden Corn Sliced Strawberries (V) *Cheerios & Raisins	<b>16 Tuesday</b> BBQ Pulled Pork w/ Mashed Sweet Potatoes Sautéed Green Beans Dried Craisins *Seedless Grapes & Pretzel Thins	<b>17 Wednesday</b> Taco Salad Ground Turkey & Black Beans topped w/ Cheese & Lettuce Golden Corn Pomegranate * 1/2 Banana & Sunbutter	<b>18 Thursday</b> Beef Taquitos w/ Guacamole Mixed Veggies Clementine *Craisins & Wheat Thins	<b>19 Friday</b> <b>Breakfast for Lunch!</b> Mini Pancakes Vanilla Yogurt w/ dye free sprinkles Fresh Berries (V) *Fresh Fruit & Animal Crackers
<b>22 Monday</b> Cheese Pizza Veggie Sticks Clementine (V) *Strawberries & Goldfish Crackers	<b>23 Tuesday</b> Meatballs over Rice Mixed Vegetables Pomegranate * Fig Bars	<b>24 Wednesday</b> Chicken Pot Pie Golden Corn Fresh Seasonal Fruit *School Closes @ 3pm	<b>25 Thursday</b> No School Thanksgiving Holiday 	<b>26 Friday</b> No School Thanksgiving Holiday 
<b>29 Monday</b> Baked Chicken Nuggets w/ BBQ dipping sauce Steamed Broccoli Applesauce *Dried Raisins & Cheerios	<b>30 Tuesday</b> Pot Stickers w/ Rice Crinkle Cut Carrots Blueberries & Kiwi *Sliced Oranges & Pretzel Things	<b>1 Wednesday</b> Turkey Cheeseburgers Golden Corn Sliced Strawberries *Pineapple cubes & Animal Crackers	<b>2 Thursday</b> Cheese Ravioli w/ Marinara Buttered Green Beans Strawberries & Blueberries (V) *String Cheese & Graham Crackers	<b>3 Friday</b> <b>Wrap it up Friday</b> Sunbutter & Jelly Sandwich Cucumber w/ Hummus Fresh Seasonal Fruit (V) *Fruit Salad & Goldfish

Hot Lunch is served with organic whole milk & we always use 100% organic ingredients (unless unavailable).

\*Menu item is afternoon snack for the day. Afternoon snack is served at 3:30pm and is served with filtered water. (V) = Vegetarian