




MISSION MONTESSORI

Lunch MENU January 2022



3 Monday Orange Chicken w/ Rice Edamame Kiwi *Animal Crackers & Clementine	4 Tuesday Meat Lasagna w/ Dinner Roll Steamed Broccoli Sliced Orange *Rice Cake & Sliced Apples	5 Wednesday Fish Sticks w/ Ketchup Green Beans Strawberries & Blueberries *Pirate Booty & Applesauce	6 Thursday Meatballs w/ Marinara Golden Corn Sliced Apples *Goldfish & Dried Craisins	7 Friday Finger Food Friday! Grilled Cheese Sandwich Vanilla Yogurt w/ Dye Free Sprinkles Fruit Salad *Wheat Thins & Sliced Oranges
10 Monday Chicken Nuggets w/ Ketchup Mixed Veggies Applesauce *Baked Crackers & Cheese Cubes	11 Tuesday Baked Tilapia w/ Rice Stir Fry Veggies Pineapple Slices *Fig Bars	12 Wednesday Beef Taquitos Seasoned Corn Sliced Cucumber & Hummus *Whole Wheat Bread w/ Sunbutter	13 Thursday Buttered Pasta w/ Parmesan Cheese Garlic Bread Blueberries *Chex Mix & Dried Craisins	14 Friday Breakfast For Lunch! Brown Sugar Oatmeal Chicken & Apple Sausage Fresh Berries *Cheerios & 1/2 Banana
17 Monday SCHOOL CLOSED MLK JR. 	18 Tuesday Annie's Mac n Cheese Buttered Green Peas Mandarin Cuties *Animal Crackers & String Cheese	19 Wednesday Baked Chicken Drumstick w/ Rice Baked Carrots Sliced Apple *Pirate Booty & Blueberries	20 Thursday Bean & Cheese Burrito Sautéed Green Beans Pomegranate Arils & Orange Slices *Dried Craisins & Graham Cracker	21 Friday Classic Bento Box Deli Ham, Cheddar Cheese, Baked Cracker, Veggie Sticks & Fruit Salad *Pretzel Thins & Clementine
24 Monday Chicken Apple Sausage w/ Rice Buttered Green Beans Sliced Oranges *Chex Mix & Strawberries	25 Tuesday Turkey Provolone Sandwich Sweet Potato Fries Applesauce Cheerios & 1/2 Banana	26 Wednesday Teriyaki Meatballs Stir Fry Vegetables Pineapple Slices *Vanilla Yogurt & Fresh Berries	27 Thursday Penne Pasta w/ Marinara Sauce Steamed Broccoli Sliced Pears *Fig Bars	28 Friday Cheese Pizza! Fruit Salad Veggie Sticks *String Cheese & Dried Craisins
31 Monday Tomato Soup Garlic Bread Clementine *Animal Crackers & Clementine	1 Tuesday Cheese Ravioli w/ Marinara Dinner Roll Baked Carrots Sliced Strawberries *Baked Crackers & Cheddar Cubes	2 Wednesday Chicken Bowl Chicken, Rice, Shredded Cheese & Black Beans Roasted Corn Applesauce *Goldfish & Dried Craisins	3 Thursday Ham & Cheese Croissant Sweet Potato Fries Pear Slices *Chex Mix & Sliced Oranges	4 Friday Breakfast For Lunch! Mini Quiche Vanilla Yogurt w/ Dye Free Sprinkles Kiwi & Blueberries *Wheat Bread w/ Sunbutter & Fruit

We always use 100% organic ingredients unless they are unavailable. Lunch is served w/ Organic Whole Milk.

*Menu item is afternoon snack for the day. Afternoon snack is served at 3:30pm and is served with filtered water

ⓧ = Vegetarian