| Fruits \& Vegetables | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Fruits: Strawberries, Kiwi, Pears, <br> Banana, Oranges <br> Vegetables: _Sweet Bell <br> Peppers, Sweet Corn, Green <br> Peas, Veggie Straws | Baked Chicken Nuggets w/ BBQ Sauce Fresh Fruit Vegetables <br> *Cheerios \& Fruit | Chicken Apple Sausage w/ Roasted Veggies Fresh Fruit Vanilla Yogurt <br> *1/2 Wheat Bread \& Jelly | Ham \& Cheddar Croissants Fresh Fruit Vegetables <br> * Goldfish \& String Cheese | Baked Tilapia w/ Rice <br> Fresh Fruit <br> Vegetables <br> * Snap Peas \& Fruit | Penne Pasta w/ Butter <br> Fresh Fruit <br> Vegetables <br> *Fig Bars |
| Fruits: Apples, Clementines, Applesauce, Pear, Banana <br> Vegetables: Broccoli, Mixed Veggies, Sliced Cucumber | Cheese Ravioli w/ Marinara Sauce <br> Fresh Fruit <br> Vegetables <br> *Animal Crackers \& Fruit | Taco Tuesday! <br> (Mini soft tortilla, ground turkey, cheese) <br> Fresh Fruit Vegetables <br> *Applesauce \& Raisins | Baked Chicken Drumsticks w/ Rice <br> Fresh Fruit <br> Vegetables <br> *Veggie Sticks \& Fruit | Meatballs w/ Mashed Potatoes Fresh Fruit Vanilla Yogurt | Ham \& Cheese Sandwich <br> Fresh Fruit Vegetables <br> *Wheat Thins \& String Cheese |
| Fruits: Kiwi, Oranges, Apples, Applesauce <br> Vegetables: Sweet Potato Fries, Asparagus, Sweet Bell Peppers, Veggie Sticks, Mini Pickles | Pollo Bowl (Chicken, Black Beans, Rice) Fresh Fruit Vegetables *1/ Rice Cake \& Fruit | Terriyaki Tofu \& Asparagus Fresh Fruit Yogurt <br> * Carrots w/ Ranch \& Cracker | Grilled Cheese Triangles <br> Fresh Fruit <br> Vegetables <br> *Chex Mix \& Cheddar Cheese | Mini Pot Pies w/ Dinner Roll Fresh Fruit Vegetables <br> *Yogurt \& Cranberries | Green Lunch Spinach Turkey \& Cheese Pinwheels Sliced Kiwi Mini Pickle <br> *Green Smoothie \& Snap Peas |
| Fruits: Pears, Banana, Clementines, Apples <br> Vegetables: Salad w/ Ranch, Golden Corn, Broccoli, Green Peas, Carrots | Cheese Pizza Fresh Fruit Salad w/ Ranch <br> *Fig Bars | Baked Spring Rolls w/ Fried Rice <br> Fresh Fruit <br> Vanilla Yogurt w/ Sprinkles <br> *Cheerios \& $1 / 2$ Banana | ```None \\ Ham \& Cheddar Pasta Salad Fresh Fruit Yogurt \\ *Snap Peas \& Raisins ``` | Baked Tilapia w/ Jasmine Rice <br> Fresh Fruit Vegetables <br> *String Cheese \& Fruit | Roast Beef \& Provolone Sandwich Fresh Fruit Vegetables |
| Fruits: Berries, Kiwi, Apples, Oranges <br> Vegetables: Sliced Cucumbers, Green Peas, Sweet Potato Fries, Sweet Corn | Bento Box Deli Ham, Cheddar Cheese, \& Baked Cracker Fresh Fruit Vegetables *Graham Cracker \& Fruit | Spaghetti w/ Meatballs <br> Fresh Fruit <br> Vegetables <br> *Yogurt \& Berries | Bean \& Cheese Burritos Fresh Fruit Vegetables <br> *Apples \& Sunbutter | Orange Chicken w/ Rice Fresh Fruit Vegetables <br> * Veggie Sticks \& Raisins | Baked Chicken Nuggets ${ }^{29}$ w/ BBQ sauce Fresh Fruit Vegetables *Pretzel Thins \& Fruit |

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[^0]:    We always use $\mathbf{1 0 0 \%}$ organic ingredients unless they are unavailable. Lunch is served w/ Organic Whole Milk.
    *Menu item is afternoon snack for the day. Afternoon snack is served at $3: 30 \mathrm{pm}$ and is served with filtered water.

