



# MISSION MONTESSORI

## October Lunch Menu 2025



<b>29 Monday</b> Turkey & Cheddar Roll Up Cucumbers Cottage Cheese w/Peaches  *Baby Carrots w/Homemade Tahini Free Hummus	<b>30 Tuesday</b> Chicken Tinga Tacos Mixed Veggies Jicama & Cucumber Salad  *Cheese Stick & Veggie Straws	<b>1 Wednesday</b> Pasta w/Marinara Sauce Steamed Edamame Blueberries and Kiwi  *Berry Smoothie & Animal Crackers	<b>2 Thursday</b> Ham & Cheddar Croissant Carrots w/Healthy Ranch Honeydew  *Veggie Straws and Craisins	<b>3 Friday</b> <b>Breakfast for Lunch</b> Banana Pancakes Yogurt w/Dye Free Sprinkles Strawberries *Pretzel Thins & Homemade Tahini Free Hummus
<b>6 Monday</b> Orange Chicken w/Jasmine Rice Steamed Edamame Peaches  *Banana & Graham Crackers	<b>7 Tuesday</b> Grilled Cheese Sandwich Sweet Potato Fries Mixed Berries  *Goldfish & ½ Cheese Stick	<b>8 Wednesday</b> Buttered Pasta w/Parmesan Carrot Star Bites Apple Slices  *Animal Crackers & Pears	<b>9 Thursday</b> Baked Tilapia w/Brown Rice Steamed Broccoli Nectarines  *Applesauce & Wheat Thins	<b>10 Friday</b> <b>Roll It Up Friday</b> Ham and Cheese Roll Up Zucchini Fries Watermelon Slices  *Pretzel Thins & Plums
<b>13 Monday</b> Pasta w/Marinara Broccoli Fritters Apple Slices  *Cheerios & Craisins	<b>14 Tuesday</b> Ground Beef & Black Bean Tacos Roasted Corn Seedless Grapes  *Bagel w/Cream Cheese	<b>15 Wednesday</b> Pizza Quesadilla Sweet Potato Fries Cantaloupe  *Watermelon & Veggie Straws	<b>16 Thursday</b> Lightly Breaded Chicken Nuggets Butternut Squash Mash Kiwi & Blueberries  *Cheerios & Raisins	<b>17 Friday</b> <b>Finger Food Friday</b> Ham & Cheese Roll Ups Roasted Baby Carrots Watermelon Triangles  *Goldfish & Cantaloupe
<b>20 Monday</b> Cheese Pizza Steamed Edamame Pomegranate Seeds  *Goldfish & Bananas	<b>21 Tuesday</b> Green Veggie Mac N Cheese Roasted Carrots Apples  *Graham Cracker & Sun Butter	<b>22 Wednesday</b> Meatballs w/Marinara Roasted Sweet Potato Medallions Pears  *Animal Crackers & Apples	<b>23 Thursday</b> Chicken Sausage w/Rice Steamed Broccoli Peaches  *Pirates Booty & Orange Slices	<b>24 Friday</b> <b>Breakfast for Lunch</b> Egg and Ham Sandwich Yogurt w/Dye Free Sprinkles Blueberries  *Apple Sauce & Wheat Thins
<b>27 Monday</b> Bean & Cheese Burrito Mixed Vegetables Blueberries  *Wheat Thins and Carrot Chips	<b>28 Tuesday</b> Turkey, Provolone and Spinach Wrap Buttered Peas Cinnamon Apples  *Cheese Stick & Veggie Straws	<b>29 Wednesday</b> Cheese Lasagna Steamed Edamame Apple Slices  *Berry Smoothie & Animal Crackers	<b>30 Thursday</b> Cream Cheese and Strawberry Preserves Sandwich Carrot Chips w/Healthy Ranch Pears  *Veggie Straws and Craisins	<b>31 Friday</b> <b>Spooky Food Friday</b> Bat Shaped Quesadillas Cucumber Ghosts Mandarin Jack 'o Lanterns  <b>School Closes at 3pm</b>

We always use 100% organic ingredients unless they are unavailable. Lunch is served w/ Organic Whole Milk.  
\*Menu item is afternoon snack for the day. Afternoon snack is served at 3:30pm and is served with filtered water.