




Mission Montessori

February Lunch Menu 2024



Fruits & Vegetables	Monday	Tuesday	Wednesday	Thursday	Friday
	29	30	31	1	2
Fruits: Applesauce, Oranges, Pear, Banana, Kiwi Vegetables: Snap Peas, Roasted Potatoes, Golden Corn, Broccoli	Spinach Rivoli w/ Parmesan Fresh Fruit Vegetables * String Cheese & Cracker	Tuna & Provolone Wrap Fresh Fruit Vegetables *Fig Bars	Pollo Bowl (Chicken, Refried Beans, Rice) Fresh Fruit Vegetables *Graham Cracker & Fruit	Teriyaki Tofu & Noodles Fresh Fruit *1/2 Rice Cake & Sunbutter	Black Bean Quesadilla Fresh Fruit Vegetables *Snap Peas & Raisins
	5	6	7	8	9
Fruits: Clementines, Apples, Pomegranate Arils, Banana Vegetables: Sliced Cucumbers, Broccoli, Veggie Straws, Golden Corn	Baked Fish Sticks w/ Ketchup Fresh Fruit Vegetables *Applesauce & Raisins	Orange Chicken w/ Rice Fresh Fruit Vegetables *Cheerios & 1/2 Banana	Sunbutter and Banana Rollups Fresh Fruit Vegetables *Veggie Straws & Fruit	Pasta Alfredo w/ Ground Turkey Vegetables Fresh Fruit *Animal Cracker & Cheese	Breakfast for lunch! Oatmeal w/ Chicken Apple Sausage Fresh Fruit *String Cheese & Chex Mix
	12	13	14	15	16
Fruits: Oranges, Strawberries, Applesauce, Clementines, Pear Vegetables: Cucumbers, Carrots w/ Ranch, Green beans, Sweet Bell Peppers	Meatballs w/ Marinara Fresh Fruit Vegetables *Goldfish & Fruit	Sunbutter & Jelly Sandwich on Whole Wheat Fresh Fruit Vegetables *Pretzel Thins & Craisins	Heart Shaped Cheese Quesadilla Fresh Fruit Vegetables *1/2 Rice Cake & Sunbutter	Deli Turkey, Cheddar Slices, Baked Cracker Fresh Fruit Vegetables *Wheat Thins & Fruit	Annie's Mac N Cheese Fresh Fruit Vegetables *Fig Bars
	19	20	21	22	23
Fruits: Apples, Banana, Applesauce, Clementines Vegetables: Carrots, Salad, Mixed Veggies, Sweet Potato Fries	 * NO SCHOOL	Cheese Pizza Fresh Fruit Salad w/ Ranch Dressing *Fig Bars	Meat Lasagna w/ Dinner Roll Fresh Fruit Vegetables *Applesauce & Cracker	Baked Chicken Drumsticks w/ Rice Fresh Fruit Vegetables *Animal Crackers & Fruit	Bean & Cheese Burritos Fresh Fruit Vegetables *Chex Mix & String Cheese
	26	27	28	29	1
Fruits: Strawberries, Kiwi, Pears, Banana, Oranges Vegetables: Sweet Bell Peppers, Sweet Corn, Green Peas, Carrots, Potatoes	Baked Chicken Nuggets w/ BBQ Sauce Fresh Fruit Vegetables *Cheerios & Fruit	Chicken Apple Sausage w/ Roasted Veggies Fresh Fruit Vanilla Yogurt *1/2 Wheat Bread & Jelly	Ham & Cheddar Croissants Fresh Fruit Vegetables *Goldfish & String Cheese	Baked Tilapia w/ Rice Fresh Fruit Vegetables *Snap Peas & Fruit	Penne Pasta w/ Butter & Parmesan Fresh Fruit Vegetables *Fig Bars

We always use 100% organic ingredients unless they are unavailable. Lunch is served w/ Organic Whole Milk.

*Menu item is afternoon snack for the day. Afternoon snack is served at 3:30pm with filtered water.