



Mission Montessori

January Lunch Menu 2024



Fruits & Vegetables	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
	W i n t e r B r e a k				
	*SCHOOL CLOSED				
Fruits: Kiwi, Banana, Clementines, Apples, Pomegranate Arils Vegetables: Sweet Potato Fries, Green Beans, Cherry Tomatoes, Broccoli	8 Meatballs w/ Rice Fresh Fruit Vegetables *Cheerios & ½ Banana	9 Bean & Cheese Burrito Fresh Fruit Vegetables *Snap Peas & Fruit	10 Buttered Noodles Fresh Fruit Vegetables *Fig Bars	11 Chicken Pot Pie Vanilla Yogurt w/ Sprinkles Fresh Fruit *Goldfish & Fruit	12 Baked Fish Sticks Fresh Fruit Vegetables *Wheat Bread & Sunbutter
Fruits: Oranges, Pears, Applesauce, Apples Vegetables: Cucumbers w/ Ranch, Mixed Veggies, Cauliflower	15  *SCHOOL CLOSED	16 Cheese Pizza Fresh Fruit Vegetables *Animal Crackers & Cheese	17 Cucumber & Cream Cheese Sandwiches Fresh Fruit Vegetables *Chex Mix & Fruit	18 Baked Tilapia w/ Rice Fresh Fruit Vegetables *Graham Cracker & Raisins	19 Breakfast for Lunch! Mini Quiche w/ Yogurt Fresh Fruit *Veggie Straws & Fruit
Fruits: Clementines, Applesauce, Kiwi, Apples Vegetables: Sweet potato fries, Pickles, Roasted Carrots, Sweet Bell Peppers	22 Baked Chicken Nuggets w/ Ketchup Fresh Fruit Vegetables *Applesauce & Craisins	23 Pasta w/ Marinara Fresh Fruit Vegetables *Carrots w/ Hummus & Cracker	24 BBQ Pulled Pork w/ Mashed Potatoes Fresh Fruit Vegetables *Vanilla Yogurt & Raisins	25 Baked Chicken Drumsticks w/ Rice Fresh Fruit Vegetables *Cheerios & Fruit	26 Sunbutter & Jelly Sandwich Vanilla Yogurt Fresh Fruit *Pretzel Thins & String Cheese
Fruits: Applesauce, Oranges, Pear, Banana, Vegetables: Snap Peas, Roasted Potatoes, Golden Corn	29 Spinach Ravioli w/ Parmesan Fresh Fruit Vegetables *String Cheese & Crackers	30 Tuna & Provolone Wrap Fresh Fruit Vegetables *Fig Bars	31 Pollo Bowl (Chicken, Refried Beans, Rice) Fresh Fruit Vegetables *Graham Cracker & Fruit	1 Terriyaki Tofu & Noodles Fresh Fruit Vegetables *1/2 Rice Cake & Sunbutter	2 Black Bean Quesadilla Fresh Fruit Vegetables *Snap Peas & Raisins

We always use 100% organic ingredients unless they are unavailable. Lunch is served w/ Organic Whole Milk.
*Menu item is afternoon snack for the day. Afternoon snack is served at 3:30pm and is served with filtered water.