

MISSION MONTESSORI

LUNCH MENU

JANUARY 2026

5	Monday	6	Tuesday	7	Wednesday	8	Thursday	9	Friday
	Baked Lemon Herb Salmon over Rice Cucumbers w/Ranch Apple Slices *Veggie Straws & Oranges		Bean & Cheese Burrito Sweet Corn Kiwi & Blueberries ⑤		Veggie Fried Rice Edamame Persimmons & Blueberries ⑤		Veggie Burger w/Cheese Steamed broccoli Orange Slices ⑤		Breakfast for Lunch Egg Scramble Burrito Yogurt Blueberries ⑤ *Banana & Animal Crackers
12	Monday	13	Tuesday	14	Wednesday	15	Thursday	16	Friday
	Black Bean Quesadillas Roasted Butternut Squash Seedless Grapes ⑤ *Cheddar Cheese & Pretzels		Minestrone Soup w/Baguette Carrots & Cucumbers ⑤ *Goldfish & Raisins		Grilled Cheese Triangles Tomato Soup Mandarins & Blueberries ⑤ *Bananas & Veggie Straws		Fish Sticks Veggie Quinoa Cakes Apple sauce *Animal Crackers & Oranges		Finger Food Friday BBQ Chicken Flatbread Pizza Carrots w/Hummus Sliced apples *Apple Sauce & Cheerios
19	Monday	20	Tuesday	21	Wednesday	22	Thursday	23	Friday
	MLK Jr. Holiday  DREAM School Closed		Cheese Pizza Cucumbers w/Ranch Apple Sauce ⑤ *Graham Crackers & SunButter		Chickpea "Tuna" Wrap Carrots Apple Slices ⑤ *Apples & Baked Crackers		Lightly Breaded Chicken Nuggets Sweet Potato Fries Seedless Grapes *Veggie Straws & Pears		Wrap It Up Friday Ham & Cheese Roll Up Carrots w/Healthy Ranch Orange Slices *Carrots w/Hummus & Crackers
26	Monday	27	Tuesday	28	Wednesday	29	Thursday	30	Friday
	Mac N Cheese w/Peas Mixed veggies Apple sauce ⑤ *Blueberries, Kiwi & Pretzels		Taco Tuesday Chicken Tacos Sweet Corn Mandarins *Pirates Booty & Bananas		Chicken Sausage w/Brown Rice Broccoli Apple Slices *Bagels w/Cream Cheese		Teriyaki Tofu w/Rice Roasted Vegetables Sliced Oranges ⑤ *Rice Cake w/SunButter		Pasta w/Marinara Green Beans Seedless Grapes ⑤ *Cheese & Wheat Thins

We use all natural products and organic ingredients unless unavailable.

⑤ = Vegetarian friendly meal!

* Menu item is afternoon snack and served at 3:30pm with filtered water.