

MISSION MONTESSORI

LUNCH MENU

JANUARY 2026



5 Monday	6 Tuesday	7 Wednesday	8 Thursday	9 Friday
Baked Lemon Herb Salmon over Rice Cucumbers w/Ranch Apple Slices *Veggie Straws & Oranges	Bean & Cheese Burrito Sweet Corn Kiwi & Blueberries Ⓢ	Veggie Fried Rice Edamame Persimmons & Blueberries Ⓢ	Veggie Burger w/Cheese Steamed broccoli Orange Slices Ⓢ	Breakfast for Lunch Egg Scramble Burrito Yogurt Blueberries Ⓢ
12 Monday	13 Tuesday	14 Wednesday	15 Thursday	16 Friday
Black Bean Quesadillas Roasted Butternut Squash Seedless Grapes Ⓢ	Minestrone Soup w/Baguette Carrots & Cucumbers Ⓢ	Grilled Cheese Triangles Tomato Soup Mandarins & Blueberries Ⓢ	Fish Sticks Veggie Quinoa Cakes Apple sauce	Finger Food Friday BBQ Chicken Flatbread Pizza Carrots w/Hummus Sliced apples
*Cheddar Cheese & Pretzels	*Goldfish & Raisins	*Bananas & Veggie Straws	*Animal Crackers & Oranges	*Apple Sauce & Cheerios
19 Monday	20 Tuesday	21 Wednesday	22 Thursday	23 Friday
MLK Jr. Holiday  School Closed	Cheese Pizza Cucumbers w/Ranch Apple Sauce Ⓢ *Graham Crackers & SunButter	Chickpea "Tuna" Wrap Carrots Apple Slices Ⓢ *Apples & Baked Crackers	Lightly Breaded Chicken Nuggets Sweet Potato Fries Seedless Grapes *Veggie Straws & Pears	Wrap It Up Friday Ham & Cheese Roll Up Carrots w/Healthy Ranch Orange Slices *Carrots w/Hummus & Crackers
26 Monday	27 Tuesday	28 Wednesday	29 Thursday	30 Friday
Mac N Cheese w/Peas Mixed veggies Apple sauce Ⓢ *Blueberries, Kiwi & Pretzels	Taco Tuesday Chicken Tacos Sweet Corn Mandarins *Pirates Booty & Bananas	Chicken Sausage w/Brown Rice Broccoli Apple Slices *Bagels w/Cream Cheese	Teriyaki Tofu w/Rice Roasted Vegetables Sliced Oranges Ⓢ *Rice Cake w/SunButter	Pasta w/Marinara Green Beans Seedless Grapes Ⓢ *Cheese & Wheat Thins

We use all natural products and organic ingredients unless unavailable.

Ⓢ = Vegetarian friendly meal!

* Menu item is afternoon snack and served at 3:30pm with filtered water.