




MISSION MONTESSORI



July Lunch Menu 2025

30 Monday Buttered Bowtie Pasta Steamed Edamame Watermelon Slices * Fig Bars	1 Tuesday Baked Seasoned Salmon w/ Quinoa Buttered Green Peas Sliced Strawberries * Goldfish & String Cheese	2 Wednesday Meat & Cheese Lasagna Dinner Roll Mixed Veggies Raspberries * Veggie Straws & Watermelon	3 Thursday Deli Turkey & Cheese Roll Ups Blueberries & Strawberries Caprese Salad-Mozzarella & Cherry Tomatoes EVOO * Patriotic Parfaits	4 Friday  *SCHOOL CLOSED
7 Monday Chicken Apple Sausage w/ Brown Rice Bell Peppers & Hummus Applesauce *Snap Peas & Cheese Stick	8 Tuesday Sunbutter & Jelly Triangles Sweet Potato Fries w/ Ketchup Mixed Berries *Goldfish & Applesauce	9 Wednesday Chicken Drumsticks Steamed Broccoli Watermelon Slices *1/2 Rice Cake & Sunbutter	10 Thursday Pasta w/ Marinara Seasoned Mixed Veggies Kiwi & Blueberries *Animal Crackers & Strawberries	11 Friday Breakfast for lunch! Mini Pancakes Vanilla Yogurt w/ Dye Free Sprinkles Seedless Grapes *Fruit Popsicle & Baked Cracker
14 Monday Cheese Pizza Cucumber w/ Hummus Sliced Strawberries *1/2 Banana & Cheerios	15 Tuesday Orange Chicken w/ Jasmine Rice Steamed Edamame Sliced Oranges *Veggie Sticks & Strawberries	16 Wednesday Meatballs w/ Mashed Potatoes Seasoned Sweet Corn Honeydew Cubes *Chex Mix & Watermelon	17 Thursday Buttered Bowtie Pasta Sauteed Summer Squash Cantaloupe *Graham Cracker & Sunbutter	18 Friday Wrap it up Friday! Deli Turkey & Provolone Wrap Carrot Chips w/ Healthier Ranch Kiwi & Blueberries *Fig Bars
21 Monday Annie's Mac n Cheese Buttered Green Peas Watermelon Cubes *Cheerios & Raisins	22 Tuesday Ham & Cheese Croissant Snap Peas Sliced Plums *1/2 Wheat Bread & Jam	23 Wednesday Terriyaki Tofu w/ Rice Stir Fry Veggies Pineapple Cubes *Berry Smoothie & Cracker	24 Thursday Black Bean & Cheese Quesadilla w/ Guacamole Cucumbers w/ Healthy Ranch Watermelon Slices *Cucumbers, Cracker, & Hummus	25 Friday Bento box Friday! Deli Ham, Cheddar Cheese, Baked Cracker Sugar Snap Peas w/ Ranch Blueberries & Raspberries *Popsicle & Baked Cracker
28 Monday Meatballs w/ Rice Steamed Broccoli Pineapple Cubes *Fig Bars	29 Tuesday Cheese Ravioli w/ Marinara Steamed Edamame Sliced Melon *Animal Cracker & Watermelon	30 Wednesday Bean & Cheese Burritos Buttered Green Beans Sliced Strawberries *Pirate Booty & Raisins	31 Thursday Baked Season Tilapia w/ Brown Rice Mixed Veggies Sliced Plums *Snap Peas & Seedless Grapes	1 Friday Finger food Friday! Sunbutter & Jelly Sammies Veggie Straws Fruit Salad *1/2 Rice Cake & Sunbutter

We always use 100% organic ingredients unless they are unavailable. Lunch is served w/ Organic Whole Milk.
***Menu item is afternoon snack for the day. Afternoon snack is served at 3:30pm and is served with filtered water.**