



Mission Montessori

June Lunch Menu 2024



Fruits & Vegetables	Monday	Tuesday	Wednesday	Thursday	Friday
Fruits: Blackberries, Watermelon, Apples, Banana, Kiwi Vegetables: Black Olives, Sweet Potato Fries, Carrots w/ Ranch, Mixed Veggies	3 Spaghetti w/ Meatballs Fresh Fruit Vegetables *Animal Crackers & Raisins	4 TACO TUESDAY! (Sof Tortilla, Ground Turkey & Cheese) Fresh Fruit Vegetables *Graham Cracker & Fruit	5 Baked Tilapia w/ Broccoli Cheddar Rice Fresh Fruit Vanilla Yogurt w/ Dye Free Sprinkles *Fig Bars	6 Ham & Cheese Croissant Fresh Fruit Vegetables *Cheerios & ½ Banana	7 Bento Box Deli Roast Beef, Cheese, Baked Cracker Fresh Fruit Vegetables *Organic Popsicle w/ Cracker
Fruits: Strawberries, Applesauce, Cantaloupe, Clementines Vegetables: Broccoli, Golden Corn, Veggie Straws	10 Cheese Pizza Fresh Fruit Vegetables *1/2 Rice Cake & Sunbutter	11 Baked Spring Rolls w/ Fried Rice Fresh Fruit Vegetables *Snap Peas & Fruit	12 Cucumber & Cream Cheese Sandwich Fresh Fruit Vanilla Yogurt *Chex Mix & String Cheese	13 Pasta with Butter & Parmesan Fresh Fruit Vegetables *Pretzel Thins & Fruit	14 Baked Fish Sticks w/ Ketchup Fresh Fruit Vegetables *Fruit Smoothie w/ Cracker
Fruits: Pineapple, Blueberries, Banana, Watermelon Vegetables: Sweet Corn, Summer Squash & Zucchini, Snap Peas, Green Peas	17 Chicken Apple Sausage w/ Brown Rice Fresh Fruit Vegetables *Veggie Straws & Fruit	18 TACO TUESDAY! (Soft Tortilla, Ground Beef & Cheese) Fresh Fruit Vegetables *Carrots w/ Hummus, Cracker	19 Baked Chicken Drumsticks w/ Jasmine Rice Fresh Fruit Vegetables *Pirate Booty & Craisins	20 Parmesan Orzo & Peas Fresh Fruit Vanilla Yogurt *Goldfish & Fruit	21 Turkey & Cheese Pinwheels Fresh Fruit Vegetables *Organic Popsicle w/ Cracker
Fruits: Blackberries, Apples, Honeydew, Banana, Oranges Vegetables: Mashed Potatoes, Cucumber w/ Hummus, Green Beans	24 Cheese Pizza Fresh Fruit Vegetables *Wheat Thins & String Cheese	25 Meatballs with Mashed Potatoes Fresh Fruit Vanilla Yogurt *Cheerios & ½ Banana	26 Kid Friendly Chili w/ Cornbread Fresh Fruit Vegetables *Carrots w/ Ranch, Cracker	27 Turkey & Provolone Wrap Fresh Fruit Vegetables *Animal Crackers & Fruit	28 Baked Chicken Nuggets w/ Ketchup Fresh Fruit Vegetables *Banana Smoothie w/ Cracker
Fruits: Kiwi, Oranges, plums, Blueberries, Apples Vegetables: Sweet Potato Fries, Broccoli, Mixed Veggies	1 Annies Mac n Cheese Fresh Fruit Vegetables *Fig Bars	2 TACO TUESDAY! (Soft Tortilla, Shredded Chicken & Cheese) Fresh Fruit Vegetables *Rice Cake & Sunbutter	3 Teriyaki Tofu w/ Rice Fresh Fruit Vegetables *Wheat Bread & 1/2 Banana	4 Sunbutter & Jelly Sandwich Fresh Fruit Vegetables *Veggie Straws & Fruit	5 Meatballs w/ Rice Fresh Fruit Vegetables *Organic Popsicle w/ Cracker

We always use 100% organic ingredients unless they are unavailable. Lunch is served w/ Organic Whole Milk.
 *Menu item is afternoon snack for the day. Afternoon snack is served at 3:30pm and is served with filtered water.