

Fruits & Vegetables	Monday	Tuesday	Wednesday	Thursday	Friday
	26	27	28	29	1
Fruits: Strawberries, Kiwi, Pears,	Baked Chicken Nuggets w/	Chicken Apple Sausage w/	Ham & Cheddar Croissants	Baked Tilapia w/ Rice	Penne Pasta w/ Butter
Banana, Oranges	BBQ Sauce	Roasted Veggies	Fresh Fruit	Fresh Fruit	Fresh Fruit
Vegetables: Sweet Bell	Fresh Fruit	Fresh Fruit	Vegetables	Vegetables	Vegetables
Peppers, Sweet Corn, Green Peas, Veggie Straws	Vegetables	Vanilla Yogurt	C	, c	, and the second
	*Cheerios & Fruit	*1/2 Wheat Bread & Jelly	* Goldfish & String Cheese	* Snap Peas & Fruit	*Fig Bars
Fruits: Apples, Clementines,	4	5	6	7	8
Applesauce, Pear, Banana	Cheese Ravioli w/ Marinara	Taco Tuesday!	Baked Chicken Drumsticks	Meatballs w/ Mashed	Ham & Cheese Sandwich
	Sauce	(Mini soft tortilla, ground	w/ Rice	Potatoes	Fresh Fruit
Vegetables: Broccoli, Mixed	Fresh Fruit	turkey, cheese)	Fresh Fruit	Fresh Fruit	Vegetables
Veggies, Sliced Cucumber	Vegetables	Fresh Fruit	Vegetables	Vanilla Yogurt	
		Vegetables			
	*Animal Crackers & Fruit	*Applesauce & Raisins	*Veggie Sticks & Fruit	*Graham Cracker& Sunbutter	*Wheat Thins & String Cheese
<u>Fruits:</u> Kiwi, Oranges, Apples,	11	12	13	14	15
Applesauce	Pollo Bowl	Terriyaki Tofu & Asparagus	Grilled Cheese Triangles	Mini Pot Pies w/ Dinner	Green Lunch
	(Chicken, Black Beans, Rice)	Fresh Fruit	Fresh Fruit	Roll	Spinach Turkey & Cheese
Vegetables : Sweet Potato Fries,	Fresh Fruit	Yogurt	Vegetables	Fresh Fruit	Pinwheels
Asparagus, Sweet Bell Peppers,	Vegetables			Vegetables	Sliced Kiwi
Veggie Sticks, Mini Pickles					Mini Pickle
	*1/ Rice Cake & Fruit	* Carrots w/ Ranch & Cracker	*Chex Mix & Cheddar Cheese	*Yogurt & Cranberries	*Green Smoothie & Snap Peas
Fruits: Pears, Banana,	18	19	20	21	22
Clementines, Apples	Cheese Pizza	Baked Spring Rolls w/ Fried	Ham & Cheddar Pasta	Baked Tilapia w/ Jasmine	Roast Beef & Provolone
	Fresh Fruit	Rice	Salad	Rice	Sandwich
Vegetables: Salad w/ Ranch,	Salad w/ Ranch	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Golden Corn, Broccoli, Green		Vanilla Yogurt w/ Sprinkles	Yogurt	Vegetables	Vegetables
Peas, Carrots					
	*Fig Bars	*Cheerios & ½ Banana	*Snap Peas & Raisins	*String Cheese & Fruit	*Goldfish & Fruit
Fruits: Berries, Kiwi, Apples,	25	26	27	28	29
Oranges	Bento Box	Spaghetti w/ Meatballs	Bean & Cheese Burritos	Orange Chicken	Baked Chicken Nuggets
	Deli Ham, Cheddar Cheese,	Fresh Fruit	Fresh Fruit	w/ Rice	w/ BBQ sauce
Vegetables: Sliced Cucumbers,	& Baked Cracker	Vegetables	Vegetables	Fresh Fruit	Fresh Fruit
Green Peas, Sweet Potato Fries,	Fresh Fruit			Vegetables	Vegetables
Sweet Corn	Vegetables				
	*Graham Cracker & Fruit	*Yogurt & Berries	*Apples & Sunbutter	* Veggie Sticks & Raisins	*Pretzel Thins & Fruit