



# Mission Montessori

## March Lunch Menu 2023



Fruits & Vegetables	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Fruits:</b> Oranges, Apples, Pear, Mandarins, Raspberries</p> <p><b>Vegetables:</b> Cucumber &amp; Hummus, Broccoli, Squash, Veggie Sticks</p>	<p>27</p> <p>Annie's Mac N Cheese</p> <p>*Applesauce &amp; Crackers</p>	<p>28</p> <p><b>Taco Tuesday!</b> (Flour tortilla, Ground Turkey, Cheese)</p> <p>*Pretzel Thins &amp; String Cheese</p>	<p>1</p> <p>Teriyaki Chicken Bowl (Chicken, Rice &amp; Shredded Carrots)</p> <p>*Fig Bars</p>	<p>2</p> <p>Oodles of Noodles (Cheesy Spinach Pasta) HaPpY bDaY dR. sEuss!</p> <p>*Snap Peas &amp; Fruit</p>	<p>3</p> <p>Cheese Pizza <i>(Parent/Teacher Conferences *5-Extended Students Only)</i></p> <p>*Wheat Thins &amp; Fruit</p>
<p><b>Fruits:</b> Strawberries, Oranges, Craisins, Banana</p> <p><b>Vegetables:</b> Sweet Bell Peppers, Green Peas, Broccoli, Corn</p>	<p>6</p> <p>Chicken Apple Sausage with Rice</p> <p>*Cheerios &amp; Raisins</p>	<p>7</p> <p>Beef and Cheese Taquitos w/ Guacomole</p> <p>*Pirate Booty &amp; Fruit</p>	<p>8</p> <p>Penne Pasta in Marinara Sauce topped w/ Parmesan Cheese</p> <p>*Veggie Sticks &amp; Fruit</p>	<p>9</p> <p>Sunbutter &amp; Jelly Sandwich</p> <p>*Chex Mix &amp; Craisins</p>	<p>10</p> <p><b>Breakfast for Lunch</b> Pancakes w/ Vanilla Yogurt and Dye- Free Sprinkles</p> <p>*Animal Crackers &amp; Fruit</p>
<p><b>Fruits:</b> Apples, Mandarins, Strawberries, Green Grapes</p> <p><b>Vegetables:</b> Cucumber, Mixed Veggies, Kiwi *Shamrock Shakes-Bananas, Frozen Pineapple, Oat milk, Spinach</p>	<p>13</p> <p>Baked Chicken Nuggets w/ Ketchup</p> <p>*Fig Bars</p>	<p>14</p> <p>Sunbutter &amp; Banana Roll</p> <p>*Snap Peas &amp; Fruit</p>	<p>15</p> <p>Beefy Macaroni and Cheese</p> <p>*Graham Crackers &amp; Fruit</p>	<p>16</p> <p>Orange Chicken w/ Rice</p> <p>*Craisins &amp; String Cheese</p>	<p>17</p> <p><b>St. Patrick's Day</b> Spinach Turkey Pinwheels Green Pickle &amp; Sliced Kiwi</p> <p>*Healthy Shamrock Shakes</p>
<p><b>Fruits:</b> Strawberries, Raspberries, Clementines, Blueberries</p> <p><b>Vegetables:</b> Mini Pickles, Green Beans, Veggie Straws, Potatoes, Cauliflower Rice</p>	<p>20</p> <p>Spinach &amp; Cheese Ravioli</p> <p>*Animal Crackers &amp; Craisins</p>	<p>21</p> <p>Baked Chicken Drumsticks w/ Cauliflower Rice</p> <p>*Cheerios &amp; Fruit</p>	<p>22</p> <p>Mini Cucumber and Cream Cheese Sandwich</p> <p>* Snap Peas &amp; Fruit</p>	<p>23</p> <p>Slow Cooker Pot Roast w/ Dinner Roll</p> <p>*Goldfish &amp; String Cheese</p>	<p>24</p> <p>Bento Box Deli Ham, Cheddar Cheese, &amp; Baked Crackers</p> <p>*Vanilla Yogurt w/ Berries</p>
<p><b>Fruits:</b> Kiwi, Applesauce, Banana, Berries, Oranges</p> <p><b>Vegetables:</b> Snap Peas, Broccoli, Cucumbers, Golden Corn, zucchini</p>	<p>27</p> <p>Baked Fish Sticks w/ Ketchup</p> <p>*Applesauce &amp; Crackers</p>	<p>28</p> <p>Teriyaki Italian Meatballs w/ Rice</p> <p>*Pretzel Thins &amp; String Cheese</p>	<p>29</p> <p>Sneaky Spaghetti w/ Red Sauce (we sneak veggies in here!)</p> <p>*Fig Bars</p>	<p>30</p> <p>Sub Sammies: Salami, ham, &amp; mozzarella cheese</p> <p>*Snap Peas &amp; Fruit</p>	<p>31</p> <p>Cheese Pizza</p> <p>*Wheat Thins &amp; Fruit</p>

We always use 100% organic ingredients unless they are unavailable. Lunch is served w/ Organic Whole Milk.  
\*Menu item is afternoon snack for the day. Afternoon snack is served at 3:30pm and is served with filtered water.