

# Mission Montessori May Lunch Menu 2024

Fruits & Vegetables	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Fruits:</b> Clementines, Pear, Apples, Banana, Applesauce <b>Vegetables:</b> Sweet Bell Peppers, Cucumbers & Hummus, Green Peas, Veggies Straws	29 Cheese Pizza Fresh Fruit Vegetables  * Fig Bars	30 Penne Noodles w/ Marinara Sauce topped with Parmesan Cheese Fresh Fruit Vegetables  * Graham Cracker & Fruit	1 Chicken Fried Rice Fresh Fruit Vanilla Yogurt  *1/2 Rice Cake & Fruit	2 Sloppy Joes Fresh Fruit Vegetables  * Vanilla Yogurt & Craisins	3 Bento Box Deli Ham, Cheddar Slices, Baked Cracker Fresh Fruit Vegetables  * Apples & Sunbutter
<b>Fruits:</b> Oranges, Blackberries, Honeydew, Clementine, Strawberries <b>Vegetables:</b> Veggie Straws, Cauliflower, Broccoli, Golden Corn	6 Orange Chicken w/ Rice Fresh Fruit Vegetables  *Animal Crackers & Fruit	7 Baked Tofu w/ Noodles Fresh Fruit Vegetables  *Cheerios & Banana	8 English Muffin Cheese Pizza Fresh Fruit Vegetables  * Fig Bars	9 Meat & Cheese Lasagna w/ Dinner Roll Fresh Fruit Vegetables  *Chex Mix & Fruit	10 Deli Chicken, Jack Cheese, & Guacamole Wrap Fresh Fruit Vanilla Yogurt w/ Sprinkles  *Pirate Booty & Fruit
<b>Fruits:</b> Watermelon, Kiwi, Nectarine, Blueberries, Applesauce <b>Vegetables:</b> Roasted Mini Potatoes, Crinkle Cut Carrots, Cucumbers, Mixed Veggies	13 Baked Fish Sticks w/ Ketchup Fresh Fruit Vegetables  *Wheat Thins & Fruit	14 Chicken Apple Sausage w/ Roasted Mini Potatoes Fresh Fruit Vegetables  *Cucumber & Hummus	15 Bean & Cheese Burrito Organic Corn Chips w/ Guacamole Fresh Fruit  *Veggie Straws & Fruit	16 Baked Chicken Drumsticks w/ Rice Fresh Fruit Vegetables  *Graham Cracker & Fruit	17 Ham & Cheese Croissant Fresh Fruit Vegetables  *Dried Cranberries & Cheerios
<b>Fruits:</b> Strawberries, Oranges, Apples, Banana, Watermelon <b>Vegetables:</b> Green Beans, Carrots w/ Ranch, Sweet Corn, Broccoli	20 Teriyaki Meatballs w/ White Rice Fresh Fruit Vegetables  *Baked Crackers & Fruit	21 Grilled Cheese Triangles Fresh Fruit Vegetables  *Fig Bars	22 Baked Tilapia w/ Brown Rice Fresh Fruit Vegetables  * Raisins & Fruit	23 Bento Box Deli Ham, Cheddar Slices, Baked Cracker Fresh Fruit Vanilla Yogurt *Goldfish & String Cheese	24 Turkey & Provolone Wrap Fresh Fruit Vegetables  *Chex Mix & Raisins
<b>Fruits:</b> Cantaloupe, Seedless Grapes, Kiwi, Blueberries, Strawberries, <b>Vegetables:</b> Mixed Veggies, Olives, Salad w/ Ranch Dressing, Broccoli	27  <b>MEMORIAL DAY</b> <b>SCHOOL CLOSED</b>	28 Baked Chicken Nuggets w/ Ketchup Fresh Fruit Vegetables  *Rice Cake & Sunbutter	29 Sunbutter & Jelly Sandwich Fresh Fruit Vegetables  *Wheat Bread & 1/2 Banana	30 Breakfast for lunch Mini Pancakes w/ Vanilla Yogurt w/ Dye Free Sprinkles Fresh Fruit *Goldfish Fruit	31 <b>SCHOOL CLOSED</b> <b>SUMMER PREP/STAFF</b> <b>DEVELOPMENT</b>

We always use 100% organic ingredients unless they are unavailable. Lunch is served w/ Organic Whole Milk.  
 \*Menu item is afternoon snack for the day. Afternoon snack is served at 3:30pm and is served with filtered water.