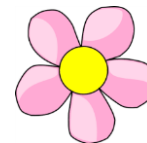


Mission Montessori

May Lunch Menu 2023



| Fruits & Vegetables | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|--|
| Fruits: Apples, Blueberries, Strawberries, Clementines Vegetables: Sweet Bell Peppers, Sweet Corn, Broccoli, Edamame | 1 Orange Chicken w/ Jasmine Rice *Cheerios & Raisins | 2 Baked Fish Sticks w/ Ketchup *Chex Mix & Fruit | 3 Black Bean and Cheese Quesadillas *Animal Crackers & Cheese | 4 Rotini Pasta with Marinara Sauce *Baked Crackers & Hummus | 5 Breakfast for Lunch Oatmeal w/ brown sugar Chicken Sausage *Veggie Sticks & Fruit |
| Fruits: Applesauce, Oranges, Strawberries, Blueberries Vegetables: Cucumber, Mixed Veggies, Snap Peas, Avocado | 8 Buttered Penne Noddle's with Parmesan *Snap Peas & Applesauce | 9 Baked Chicken Drumsticks w/ Jasmine Rice *Wheat Thins & Fruit | 10 Meat and Cheese Lasagna w/ Dinner Roll *Goldfish & Fruit | 11 Tukey and Cheese Roll-Ups *Pretzel Thins & String Cheese | 12 Chicken Taquitos w/ Guacamole *Fig Bars |
| Fruits: Kiwi, Bananas, Clementines, Strawberries Vegetables: Sweet Potato Fries, Green Peas, Cucumbers | 15 Italian Meatballs w/ Marinara Sauce *Chex Mix & Craisins | 16 Spinach & Cheese Ravioli w/ Pesto Drizzle *Animal Crackers & Fruit | 17 Baked Salmon w/ Steamed Rice *Pirate Booty & Applesauce | 18 Sunbutter and Jelly Sandwich *Cheerios & Craisins | 19 Bento Box Rolled Ham, Cheddar Cubes, Baked Crackers *Graham Cracker & Sunbutter |
| Fruits: Oranges, Blueberries, Applesauce, Strawberries Vegetables: Cucumber, Carrots, Mixed Veggies, Sweet Corn | 22 Annie's Cheddar Mac and Cheese *Carrots & Ranch Dipping | 23 Tuna Sandwich Triangles *Fig Bars | 24 Beef, Bean, and Cheese Burritos *Carrots w/ Ranch Dip | 25 Baked Tilapia w/ Jasmine Rice *Baked Crackers & Fruit | 26 English Muffin Cheese Pizza *Goldfish & String Cheese |
| Fruits: Strawberries, Pineapple, Oranges Vegetables: Sweet Potato Fries, Golden Corn, Green Peas | 29 School Closed Memorial Day *Pretzel Thins & Fruit | 30 Baked Chicken Nuggets w/ BBQ Dipping Sauce *Snap Peas & Craisins | 31 Grilled Cheese Sandwich *Veggie Sticks & Fruit | 1 Teriyaki Chicken w/ Rice *Vanilla Yogurt & Berries | 2 Breakfast for Lunch Mini Pancakes w/ Vanilla Yogurt and Dye Free Sprinkles *Animal Crackers & Fruit |

We always use 100% organic ingredients unless they are unavailable. Lunch is served w/ Organic Whole Milk.
 *Menu item is afternoon snack for the day. Afternoon snack is served at 3:30pm and is served with filtered water.