



Mission Montessori

November Lunch Menu



Fruits & Vegetables	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Fruits: Pears, Sliced Apples Oranges, Bananas, Pomegranate Arils</p> <p>Vegetables: Green Peas, Sweet Potato Fries, Pickles, Mixed Veggies</p>	<p>30 Chicken and Veggie Stir Fry Fresh Fruit Vanilla Yogurt w/ Dye Free Sprinkles</p> <p>* Goldfish & Fruit</p>	<p>31 Ghost Bagels (Cream Cheese & Raisins for eyes) Fresh Fruit Vegetables</p> <p>* SCHOOL CLOSSES AT 3PM</p>	<p>1 BBQ Pulled Pork Sliders Fresh Fruit Vegetables</p> <p>* Applesauce & Berries</p>	<p>2 Pasta with Butternut Squash Sauce Fresh Fruit Vegetables</p> <p>* Fig Bars</p>	<p>3 Baked Chicken Nuggets w/ BBQ Dipping Sauce Fresh Fruit Vegetables</p> <p>* ½ Banana & Sunbutter</p>
<p>Fruits: Apples, Strawberries, Oranges, Pears</p> <p>Vegetables: Edamame, Snap Peas, Carrots, Baby Gold Potatoes</p>	<p>6 Cheese Pizza Fresh Fruit Vegetables</p> <p>* Animal Cracker & Cheese</p>	<p>7 Chicken Potstickers w/ Rice Fresh Fruit Vegetables</p> <p>* Chex Mix & Fruit</p>	<p>8 Baked Tilapia w/ Roasted Potatoes Fresh Fruit Vegetables</p> <p>* Graham Cracker & Raisins</p>	<p>9 Sunbutter & Jelly Triangles Fresh Fruit Vegetables</p> <p>* Cheerios & Fruit</p>	<p>10  *NO SCHOOL VETERANS DAY</p>
<p>Fruits: Applesauce, Banana, Raspberries, Blackberries, Clementines</p> <p>Vegetables: Broccoli, Veggie Sticks, Sweet Bell Peppers, Peas</p>	<p>13 Baked Fish Sticks w/ Ketchup Fresh Fruit Vegetables</p> <p>* Snap Peas & Fruit</p>	<p>14 Black Bean & Cheese Quesadillas Fresh Fruit Vegetables</p> <p>* Apples & Sunbutter</p>	<p>15 Pasta with Butter & Parmesan Fresh Fruit Vegetables</p> <p>* Cracker & Carrots w/ Ranch</p>	<p>16 Teriyaki Tofu with Rice Fresh Fruit Vegetables</p> <p>* Applesauce & Berries</p>	<p>17 Ham & Swiss Sliders Fresh Fruit Vegetables Side Pickle</p> <p>* Goldfish & Fruit</p>
<p>Fruits: Clementines, Apples</p> <p>Vegetables: Cucumbers, Mixed Veggies</p>	<p>20 Meatballs with Rice Fresh Fruit Vegetables</p> <p>* Veggie Straws & Fruit</p>	<p>21 Turkey & Cheese Pinwheels Fresh Fruit Vegetables</p> <p>* Fig Bars</p>	<p>22  *SCHOOL CLOSED</p>	<p>23 *SCHOOL CLOSED</p>	<p>24 *SCHOOL CLOSED</p>
<p>Fruits: Raspberries, Applesauce, Pears, Banana, Pomegranate Arils</p> <p>Vegetables: Sweet Potato Fries, Persian Cucumbers, Veggie Sticks, Olives</p>	<p>27 Cheese Pizza Fresh Fruit Vegetables</p> <p>* Goldfish & Craisins</p>	<p>28 Chicken Apple Sausage Stir Fry Fresh Fruit Vanilla Yogurt</p> <p>* Snap Peas & Fruit</p>	<p>29 Meat and Cheese Lasagna w/ Dinner Roll Fresh Fruit Vegetables</p> <p>* Wheat Thins & Fruit</p>	<p>30 Chicken Drumsticks With Rice Fresh Fruit Vegetables</p> <p>* 1/2 Wheat Bread & Jam</p>	<p>1 Bento Box Deli Ham, Cheese, Baked Cracker Fresh Fruit Vegetables</p> <p>* Fruit & String Cheese</p>

We always use 100% organic ingredients unless they are unavailable. Lunch is served w/ Organic Whole Milk.
*Menu item is afternoon snack for the day. Afternoon snack is served at 3:30pm and is served with filtered water.