



MISSION MONTESSORI

Lunch MENU

October 2026



Monday	Tuesday	Wednesday	1 Thursday	2 Friday
			Chicken Tender Parmesan w/Shell Pasta Broccoli Seedless Grapes *Snap Peas & Bananas	Slider Friday! Ham & Cheese Sliders Sweet Potato Fries Plums *Fig Bar & Fruit Popsicle
5 Monday	6 Tuesday	7 Wednesday	8 Thursday	9 Friday
Chicken Pot Stickers Shelled Edamame Pears *Clementine & Cheerios	Black Bean Quesadillas Sweet Potato Fries Sliced Apples ① *Pears & Animal Crackers	Annie's Mac N Cheese Peas Kiwi & Blueberries ① *Graham Crackers & Apple Sauce	Spaghetti & Meatballs Broccoli Cantaloupe *Sliced Apples & Goldfish	Finger Food Friday! Fish Sticks Cucumbers w/Healthy Ranch Seedless Grapes *Bananas & Baked Crackers
12 Monday	13 Tuesday	14 Wednesday	15 Thursday	16 Friday
Cheese Tortellini w/Marinara Sauteed Green Beans Melon ① * Cheerios & Raisins	Pollo Bowl – Chicken, Rice, Corn and Avocado Pears *Seedless Grapes & Pretzel Thins	Lightly Breaded Chicken Nuggets Mixed Veggies Applesauce *Fig Bars	Teriyaki Tofu w/Jasmine Rice Stir Fry Veggies Orange Slices ① *Craisins & Wheat Thins	Bento Box Friday Deli Turkey, Cheese Cubes, Apple Slices, and Pretzel Thins *Fresh Fruit & Animal Crackers
19 Monday	20 Tuesday	21 Wednesday	22 Thursday	23 Friday
Cheese Pizza Edamame Orange Slices ① *Sliced Apples & Goldfish	Baked Chicken Drumsticks w/Rice Steamed Broccoli Plums *Fresh Melon & Veggie Sticks	Ham & Cheese Croissant Cucumber Half Moons Pomegranate Seeds *Carrots & Prezels w/ Hummus	Pasta w/ Pesto Drizzle Crinkle Cut Carrots Apple Slices ① *Clementine & Chex Mix	Breakfast for Lunch! Cheesy Scrambled Eggs Yogurt w/Dye Free Sprinkles Mixed Berries ① *Craisins & Pirate Booty
26 Monday	27 Tuesday	28 Wednesday	29 Thursday	30 Friday
Orange Chicken Jasmine Rice & Edamame Seedless Grapes *Apples, Sunbutter & Raisins	Mummy Pizzas (English muffin, Tomato Sauce, Mozzarella, Black Olives) Snap Peas Applesauce ① *Sliced Oranges & Pretzel Things	Chicken Apple Sausage w/Rice Stir Fry Veggies Clementine Pumpkins *Cheese Stick & Animal Crackers	Bat Shaped Quesadillas Crinkle Cut Carrots Kiwi & Blueberries ① *Banana & Graham Crackers	Buttered Fall Shaped Pasta Steamed Broccoli Apple Slices ① *Apples & Goldfish

We use all-natural products and organic ingredients unless unavailable!

*Menu item is afternoon snack for the day. Afternoon snack is served at 3:30pm and is served with filtered water. ① = Vegetarian