



MISSION MONTESSORI

LUNCH MENU

September 2026



31 Monday	1 Tuesday	2 Wednesday	3 Thursday	4 Friday
Ham & Cheddar Rolls Sliced Red Peppers Seedless Grapes *Pretzel Thins & Cheese	Ground Beef w/Black Beans Shredded Cheese & Rice Watermelon *Wheat Thins & Grapes	Sunbutter & Banana Sandwich Cucumber Spears Berry Mix Ⓢ *Bagel w/Cream Cheese	Buttered Pasta Shelled Edamame Strawberries Ⓢ *Animal Crackers & Bananas	Finger Food Friday Lightly Breaded Chicken Nuggets w/Ketchup Sweet Potato Fries Apple Slices *Fruit Popsicles & Pretzels
7 Monday	8 Tuesday	9 Wednesday	10 Thursday	11 Friday
 LABOR Day	Cheese Pizza Mini Sweet Pepper Slices Watermelon *Animal Crackers & Cheese	Annie's Mac N Cheese Steamed Broccoli Apple Slices Ⓢ *Fig Bar & Fruit Popsicle	Tilapia over Quinoa Snap Peas Pears *Goldfish & Applesauce	Breakfast for Lunch Egg & Ham Croissant Yogurt Mixed Berries *Veggie Straws & Cheese
14 Monday	15 Tuesday	16 Wednesday	17 Thursday	18 Friday
Beef Meatballs Mashed Potatoes Watermelon Triangles *Snap Peas & Raisins	Bean & Cheese Burrito Roasted Corn Peaches Ⓢ *Grapes & Veggie Straws	Mini Chicken Sausages Sweet Potato Fries Plums *Craisins & Pirates Booty	Pasta w/Parmesan Bread Roll Apple Slices Ⓢ *Cheerios & Bananas	Bento Box Friday Ham, Cheddar, Crackers Cucumbers, Grapes *Cheese Stick & Pretzels
21 Monday	22 Tuesday	23 Wednesday	24 Thursday	25 Friday
Orange Chicken over Rice Stir Fry Vegetables Apple Slices *Animal Crackers & Cheese	Black Bean Quesadilla Steamed Broccoli Peaches Ⓢ *Watermelon & Fig Bars	Buttered Noodles Mixed Vegetables Cantaloupe Ⓢ *Wheat Thins & Craisins	Chicken & Broccoli Teriyaki w/Jasmine Rice Plums *Graham Cracker & Banana	Roll It Up Friday SunButter & Banana Rollups Cucumber Spears w/Hummus Applesauce Ⓢ *Fruit Popsicle & Pretzels
28 Monday	29 Tuesday	30 Wednesday	1 Thursday	2 Friday
Teriyaki Tofu w/Noodles Cucumber Half Moons Mixed Berries Ⓢ *Goldfish & Cucumbers	Baked Drumsticks Golden Corn Honey Dew *Wheat Thins & Grapes	Fish Sticks w/Ketchup Cucumber Spears w/Healthy Ranch Cantaloupe *Graham Crackers & Cheese	Chicken Tender Parmesan w/Shell Pasta Seedless Grapes *Snap Peas & Bananas	Slider Friday Ham & Cheese Sliders Sweet Potato Fries Plums *Fig Bar & Fruit Popsicle

☺- Hot lunch is served with organic whole milk. Ⓢ-Vegetarian Lunch
We use all-natural products and organic ingredients unless they are unavailable!