




MISSION MONTESSORI

September Lunch Menu 2025



1 Monday School Closed for Labor Day 	2 Tuesday Chicken Sausage w/Rice Steamed Broccoli Sliced Peaches *Wheat Thins & Cheese Slices	3 Wednesday Beef Meatballs Whole Wheat Pita Bread w/hummus Oranges *Cucumber Spears & Goldfish	4 Thursday Annie's Mac and Cheese Roasted Carrots Seedless Grapes *Pretzel Thins & Tzatziki	5 Friday Wrap it up Friday Turkey, Spinach and Cream Cheese Wrap Steamed Broccoli Strawberries *Veggie Sticks & Craisins
8 Monday Bean and Cheese Burrito Roasted Corn Plums *Rice Cake & SunButter	9 Tuesday Turkey Cheddar Melt Mini Sweet Peppers Mixed berries *Pretzel Thins & ½ Cheese Stick	10 Wednesday Baked Chicken Drumsticks /Mashed Potatoes Watermelon *Animal Crackers & Bananas	11 Thursday Baked Fish Sticks Caprese Salad Fruit Salad *Vanilla Yogurt & Graham Cracker	12 Friday Green Food Friday Pesto Pasta Broccoli Honeydew *Pretzel Thins & Watermelon
15 Monday Meat Lasagna Mixed Veggies Apple Slices *Cheerios & Raisins	16 Tuesday Chicken Fajita Tacos Veggie Rice Oranges *Fig Bars	17 Wednesday Sandwich on a Stick Steamed Broccoli Cantaloupe *Watermelon & Veggie Straws	18 Thursday Tuna Salad Pasta Cucumber Medallions Kiwi & Blueberries *Cheerios & Raisins	19 Friday Finger Food Friday Spinach Egg White Frittata Carrot Chips w/Healthy Ranch Seedless Grapes *Goldfish & Cantaloupe
22 Monday Baked Tilapia on Quinoa Steamed Edamame Cantaloupe *Goldfish & Bananas	23 Tuesday Ground Beef Tacos Roasted Corn Watermelon *Graham Cracker & Sun Butter	24 Wednesday Whole Wheat English Muffin Pizza Green Peas Fruit Salad *Animal Crackers & Watermelon	25 Thursday Tofu Lo Mein Stir Fry Vegetables Tangerine Cuties *Pirates Booty & Orange Slices	26 Friday Bento Box Friday Ham & Cheddar Cucumber Spears Seedless Grapes *Apple Sauce & Wheat Thins
29 Monday Turkey & Cheddar Roll Up Cucumbers Cottage Cheese w/Peaches *Baby Carrots w/Homemade Tahini Free Hummus	30 Tuesday Chicken Tinga Tacos Mixed Veggies Jicama & Cucumber Salad *Cheese Stick & Veggie Straws	1 Wednesday Pasta w/Marinara Sauce Steamed Edamame Blueberries and Kiwi *Berry Smoothie & Animal Crackers	2 Thursday Ham & Cheddar Croissant Baby Carrots w/Healthy Ranch Honeydew *Veggie Straws and Craisins	3 Friday Breakfast for Lunch! Banana Pancakes Yogurt w/Dye Free Sprinkles Strawberries *Pretzel Thins & Homemade Tahini Free Hummus

We always use 100% organic ingredients unless they are unavailable. Lunch is served w/ Organic Whole Milk.
*Menu item is afternoon snack for the day. Afternoon snack is served at 3:30pm and is served with filtered water.